

1 **BEFORE THE BOARD OF MEDICAL EXAMINERS**
2 **OF THE STATE OF NEVADA**

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4
5 **In the Matter of Charges and Complaint**

Case No.: 25-25351-1

6 **Against:**

FILED

7 **KRISTIN ADELE HESTDALEN, M.D.,**

JAN 14 2025

8 **Respondent.**

NEVADA STATE BOARD OF
MEDICAL EXAMINERS

By: 

9 **ORDER OF SUMMARY SUSPENSION AND NOTICE OF HEARING**

10 The Investigative Committee¹ (IC) of the Nevada State Board of Medical Examiners
11 (Board) hereby **IMMEDIATELY SUMMARILY SUSPENDS** the license of Kristin Adele
12 Hestdalen, M.D. (Respondent) from the practice of medicine, pursuant to the Board's authority to
13 regulate the practice of medicine in the State of Nevada pursuant to Nevada Revised Statutes
14 (NRS) Chapter 630.

15 Prior to the preparation of this Order of Summary Suspension, Board Staff presented to the
16 IC the following:

17 1. Respondent is a medical doctor licensed to practice medicine in the State of
18 Nevada (License No. 10215). The Board issued her license on July 1, 2002.

19 2. On June 5, 2024, Respondent appeared before the Board to request a license status
20 change from inactive to active status. Respondent's license was inactive during a period when she
21 was seeking treatment for substance abuse. She was in recovery at that time and wished to re-enter
22 the practice of medicine.

23 3. Following the June 5, 2024, meeting, the Board issued an Order Granting License
24 with Conditions with the requirement that Respondent successfully complete a preceptor plan for
25 twelve (12) months under the supervision of Dr. Byron Czerniski, a Senior Psychiatrist at Lakes

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28 ¹ The Investigative Committee of the Nevada State Board of Medical Examiners, at the time this Summary
Suspension was authorized for filing was composed of Board members Bret W. Frey, M.D., Chairman, FACC, and
Col. Eric D. Wade, USAF (Ret.), and Hugh L. Bassewitz, M.D., FAAOS.

1 Crossing (“Board Order”). She was further notified that she must return to the Board to request
2 that the conditions be removed from her license.

3 4. Dr. Czerniski agreed to report on Respondent’s progress and notify the Board of
4 any concerning pattern in work performance, attendance, documentation, or clinical decision-
5 making.

6 5. Dr. Czerniski has notified the Board of his concerns with Respondent’s work
7 performance and attendance. Specifically, on January 3, 2025, Respondent was late arriving to
8 work at Lakes Crossing and seemed to be in an altered status. Respondent entered the monthly
9 staff meeting seemingly disorganized, in addition to coworkers observing that she smelled of
10 alcohol.

11 6. Additionally, on the evening of January 3, 2025, Respondent texted Dr. Czerniski
12 and stated that she had relapsed in her sobriety.

13 7. As of January 6, 2025, Respondent no longer works at Lakes Crossing. As such,
14 Dr. Czerniski notified the Board of the termination of the preceptorship.

15 8. Respondent’s failure to complete the preceptorship under Dr. Czerniski is a
16 violation of the conditions of the Board Order.

17 9. Based on the foregoing, the IC finds that Respondent has willfully and knowingly
18 violated the Board Order and is immediately suspended from the practice of medicine in the State
19 of Nevada. *See* NRS 630.326(1).

20 10. Accordingly, the IC issues this Order of Summary Suspension based on its
21 determination that Respondent’s failure to comply with the Board Order puts the health, safety or
22 welfare of the public at risk of imminent harm pursuant to NRS 630.326(1) and
23 NRS 233B.127(3).

24 **ORDER**


25 **IT IS HEREBY ORDERED** that the License of Kristin Adele Hestdalen, M.D. (License
26 No. 10215) is **SUMMARILY SUSPENDED** until further order of the IC or Board, and Licensee
27 is prohibited from engaging in any acts that constitute the practice of medicine pursuant to
28 NRS 630.020; and

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IT IS FURTHER ORDERED that a hearing on this matter is set for the 30th day of January, 2024, at 10:00 a.m., at the Board's office located at 9600 Gateway Drive, Reno, Nevada 89521, to determine whether this suspension may continue, unless the parties mutually agree in writing to a different date and/or time. See NRS 630.326(2) and NRS 233B.127(3).

DATED this 14th day of January, 2025.

INVESTIGATIVE COMMITTEE OF THE
NEVADA STATE BOARD OF MEDICAL EXAMINERS

By: 
BRET W. FREY, M.D.
Chairman of the Investigative Committee