

**BEFORE THE BOARD OF MEDICAL EXAMINERS
OF THE STATE OF NEVADA**

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In the Matter of Charges and Complaint

Case Nos. 25-25351-1

Against:

KRISTIN ADELE HESTDALEN, M.D.,

Respondent.

FILED

JUN 06 2025

NEVADA STATE BOARD OF
MEDICAL EXAMINERS

By: *W. Hall*

SETTLEMENT AGREEMENT

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board), by and through Deonne E. Contine, General Counsel for the Board and attorney for the IC, and Kristin Adele Hestdalen, M.D. (Respondent), a licensed medical doctor in Nevada, assisted by her attorney, Lyn E. Beggs, Esq., of the Law Offices of Lyn E. Beggs, PLLC, hereby enter into this Settlement Agreement (Agreement) based on the following:¹

A. BACKGROUND

1. Respondent is a medical doctor currently licensed in suspended status by the Board pursuant to Chapter 630 of the Nevada Revised Statutes (NRS) and Chapter 630 of the Nevada Administrative Code (NAC) (collectively, the Medical Practice Act) to practice medicine in Nevada. Her license was originally issued on July 1, 2002 (License No. 10215).

2. On April 3, 2025, in Case No. 25-25351-1, the IC filed a formal Complaint (Complaint) charging Respondent with violating the Medical Practice Act. Specifically, the Complaint alleges one (1) violation of NRS 630.3065(2)(a), Failing to Comply with a Lawful Order of the Board (Count I). By reason of the foregoing, Respondent is subject to discipline by the Board as provided in NRS 630.352.

¹ All agreements and admissions made by Respondent are solely for final disposition of this matter and any subsequent related administrative proceedings or civil litigation involving the Board and Respondent. Therefore, Respondent's agreements and admissions are not intended or made for any other use, such as in the context of another state or federal government regulatory agency proceeding, state or federal civil or criminal proceeding, any state or federal court proceeding, or any credentialing or privileges matter.

1 3. Respondent was properly served with a copy of this Complaint, has reviewed and
2 understands this Complaint, and has had the opportunity to consult with competent counsel
3 concerning the nature and significance of this Complaint.

4 4. Respondent is hereby advised of her rights regarding this administrative matter,
5 and of her opportunity to defend against the allegations in these Complaints. Specifically,
6 Respondent has certain rights in this administrative matter as set out by the United States
7 Constitution, the Nevada Constitution, the Medical Practice Act, the Nevada Open Meeting Law
8 (OML), which is contained in NRS Chapter 241, and the Nevada Administrative Procedure Act
9 (APA), which is contained in NRS Chapter 233B and 622A. These rights include the right to a
10 formal hearing on the allegations in these Complaints, the right to representation by counsel, at her
11 own expense, in the preparation and presentation of her defense, the right to confront and cross-
12 examine the witnesses and evidence against her, the right to written findings of fact, conclusions
13 of law and order reflecting the final decision of the Board, and the right to judicial review of the
14 Board's order, if the decision is adverse to her.

15 5. Respondent understands that, under the Board's charge to protect the public by
16 regulating the practice of medicine, the Board may take disciplinary action against Respondent's
17 license, including license probation, license suspension, license revocation and imposition of
18 administrative fines, as well as any other reasonable requirement or limitation, if the Board
19 concludes that Respondent violated one or more provisions of the Medical Practice Act.

20 6. Respondent understands and agrees that this Agreement, by and between
21 Respondent and the IC, is not with the Board, and that the IC will present this Agreement to the
22 Board for consideration in open session at a duly noticed and scheduled meeting. Respondent
23 understands that the IC shall advocate for the Board's approval of this Agreement, but that the
24 Board has the right to decide in its own discretion whether or not to approve this Agreement.
25 Respondent further understands and agrees that if the Board approves this Agreement, then the
26 terms and conditions enumerated below shall be binding and enforceable upon her and the Board.

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1 **B. TERMS & CONDITIONS**

2 **NOW, THEREFORE**, in order to resolve the matters addressed herein, i.e., the matters
3 with regard to the Complaints, Respondent and the IC hereby agree to the following terms and
4 conditions:

5 1. **Jurisdiction.** Respondent is, and at all times relevant to the Complaints has been,
6 a physician licensed to practice medicine in Nevada subject to the jurisdiction of the Board as set
7 forth in the Medical Practice Act.

8 2. **Representation by Counsel/Knowing, Willing and Intelligent Agreement.**
9 Respondent acknowledges she is represented by counsel, and wishes to resolve the matters
10 addressed herein with said counsel. Respondent agrees that if representation by counsel in this
11 matter materially changes prior to entering into this Agreement and for the duration of this
12 Agreement, that counsel for the IC will be timely notified of the material change. Respondent
13 agrees that she knowingly, willingly and intelligently enters into this Agreement after deciding to
14 have a full consultation with and upon the advice of legal counsel.

15 3. **Waiver of Rights.** In connection with this Agreement, and the associated terms
16 and conditions, Respondent knowingly, willingly and intelligently waives all rights in connection
17 with this administrative matter. Respondent hereby knowingly, willingly and intelligently waives
18 all rights arising under the United States Constitution, the Nevada Constitution, the Medical
19 Practice Act, the OML, the APA, and any other legal rights that may be available to her or that
20 may apply to her in connection with the administrative proceedings resulting from the Complaints
21 filed in this matter, including defense of the Complaints, adjudication of the allegations set forth in
22 the Complaints, and imposition of any disciplinary actions or sanctions ordered by the Board.
23 Respondent agrees to settle and resolve the allegations of the Complaints as set out by this
24 Agreement, without a hearing or any further proceedings and without the right to judicial review.

25 4. **Acknowledgement of Reasonable Basis to Proceed.** As of the time of entering
26 into this Settlement Agreement, the allegations of the Complaints remain unproven. Respondent
27 acknowledges that the IC believes it has a reasonable basis to allege that Respondent engaged in
28 conduct that is grounds for discipline pursuant to the Medical Practice Act. The IC acknowledges

Respondent is not admitting that the IC's claims/counts as alleged in the Complaints have merit and Respondent is agreeing to resolve this matter to avoid the costs of hearing and potential subsequent litigation. Respondent asserts if this matter were to proceed to hearing, she has evidence, witnesses, expert witness(es) and defenses to the counts/claims alleged in the Complaints, but for the purposes of resolving the matter and for no other purpose, Respondent waives the presentation of evidence, witnesses, expert witnesses, and defenses in order to effectuate this Agreement.

5. **Consent to Entry of Order.** In order to resolve these Complaints pending against Respondent, Respondent hereby agrees that the Board may issue an order finding that Respondent engaged in conduct that is grounds for discipline pursuant to the Medical Practice Act. Accordingly, the following terms and conditions are hereby agreed upon:

a. Respondent admits to Count I, violation of NRS 630.3065(2)(a), Failing to Comply with a Lawful Order of the Board.

b. Respondent will pay the costs and expenses incurred in the investigations and prosecution of the above-referenced matters within sixty (60) days of the Board's acceptance, adoption and approval of this Agreement, in the amount of three-hundred-sixty-one dollars and fifty cents (\$361.50).

c. The Summary Suspension issued on January 14, 2025, to which, on January 16, 2025, the parties stipulated would remain in effect pending resolution of this action, shall be lifted and Respondent's license shall be placed in inactive status.

d. Respondent shall appear before the Board for any further change to her license status.

e. This Agreement shall be reported to the appropriate entities and parties as required by law, including, but not limited to, the National Practitioner Data Bank.

f. Respondent shall receive a Public Letter of Reprimand.

g. Any other counts of the Complaint, and any other claims arising from the corresponding Board investigative case file shall be dismissed with prejudice.

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6. **Release from Liability.** In execution of this Agreement, Respondent understands and agrees that the State of Nevada, the Board, and each of its members, staff, counsel, investigators, experts, peer reviewers, committees, panels, hearing officers, consultants and agents are immune from civil liability for any decision or action taken in good faith in response to information acquired by the Board. NRS 630.364(2)(a). Respondent agrees to release the State of Nevada, the Board, and each of its members, staff, counsel, investigators, experts, peer reviewers, committees, panels, hearing officers, consultants and agents from any and all manner of actions, causes of action, suits, debts, judgments, executions, claims and demands whatsoever, known and unknown, in law or equity, that Respondent ever had, now has, may have or claim to have, against any or all of the persons, government agencies or entities named in this paragraph arising out of, or by reason of, this investigation, this Agreement or the administration of the case referenced herein.

7. **Procedure for Adoption of Agreement.** The IC and counsel for the IC shall recommend approval and adoption of the terms and conditions of this Agreement by the Board in resolution of these Complaints. In the course of seeking Board acceptance, approval and adoption of this Agreement, counsel for the IC may communicate directly with the Board staff and the adjudicating members of the Board.

Respondent acknowledges that such contacts and communications may be made or conducted ex-parte, without notice or opportunity to be heard on her part until the public Board meeting where this Agreement is discussed, and that such contacts and communications may include, but may not be limited to, matters concerning this Agreement, the Complaint and any and all information of every nature whatsoever related to this matter. The IC and its counsel agree that Respondent and/or Counsel for the Respondent may appear at the Board meeting where this Agreement is discussed and, if requested, respond to any questions that may be addressed to the IC or the IC's counsel.

8. **Effect of Acceptance of Agreement by Board.** In the event the Board accepts, approves and adopts this Agreement, the Board shall issue a final order, making this Agreement

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1 an order of the Board, and, pending full compliance with the terms herein, the case shall be closed
2 and all remaining claims arising out of the Complaint shall be dismissed with prejudice.

3 9. **Effect of Rejection of Agreement by Board.** In the event the Board does not
4 accept, approve and adopt this Agreement, this Agreement shall be null, void and of no force and
5 effect except as to the following agreement regarding adjudications: (1) Respondent agrees that,
6 notwithstanding rejection of this Agreement by the Board, nothing contained in this Agreement
7 and nothing that occurs pursuant to efforts of the IC to seek the Board's acceptance of this
8 Agreement shall disqualify any member of the adjudicating panel of the Board from considering
9 these Complaints and from participating in disciplinary proceedings against Respondent, including
10 adjudication of this case; and (2) Respondent further agrees that she shall not seek to disqualify
11 any such member absent evidence of bad faith.

12 10. **Binding Effect.** If approved by the Board, Respondent understands that this
13 Agreement is a binding and enforceable contract upon Respondent and the Board.

14 11. **Forum Selection Clause.** The parties agree that in the event either party is
15 required to seek enforcement of this Agreement in district court, the party's consent to such
16 jurisdiction and agree that exclusive jurisdiction shall be in the Second Judicial District Court,
17 State of Nevada, Washoe County.

18 12. **Attorneys' Fees and Costs.** The parties agree that in the event an action is
19 commenced in district court to enforce any provision of this Agreement, the prevailing party shall
20 be entitled to recover reasonable attorneys' fees and costs.

21 13. **Failure to Comply with Terms.** Should Respondent fail to comply with any term
22 or condition of this Agreement once the Agreement has been accepted, approved and adopted by
23 the Board, the IC shall be authorized to immediately suspend Respondent's license to practice
24 medicine in Nevada pending an Order to Show Cause Hearing, which will be duly noticed.
25 Failure to comply with the terms of this Agreement, including failure to pay any fines, costs,
26 expenses or fees owed to the Board, is a failure to comply with an order of the Board, which may
27 result in additional disciplinary action being taken against Respondent. NRS 630.3065(2)(a).

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OFFICE OF THE GENERAL COUNSEL
Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, Nevada 89521
(775) 688-2559

1 Further, Respondent's failure to remit payment to the Board for monies agreed to be paid as a
2 condition of this Agreement may subject Respondent to civil collection efforts.

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4 DATED this 27th day of May, 2025. DATED this 27th day of May, 2025.

5 INVESTIGATIVE COMMITTEE OF THE
6 NEVADA STATE BOARD OF MEDICAL
7 EXAMINERS

LAW OFFICES OF LYN E. BEGGS, PLLC

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Attorney for Respondent

16 DATED this 9th day of May, 2025.

17 By: Kristin Adele Hestdaen
18 KRISTIN ADELE HESTDALEN, M.D.
19 Nevada License No. 10215
20 Respondent

ORDER

IT IS HEREBY ORDERED that, the foregoing Settlement Agreement (Case No. 25-25351-1) was approved and accepted by the Nevada State Board of Medical Examiners on the 6th day of June, 2025.

DATED this 6th day of June, 2025.

NEVADA STATE BOARD OF MEDICAL
EXAMINERS

By:


NICK M. SPIRTOS, M.D., F.A.C.O.G.
Board President