

BEFORE THE
NORTH CAROLINA MEDICAL BOARD

In re:)	
)	
Patrick Hugh Harmon, M.D.,)	CONSENT ORDER
)	
Respondent.)	

This matter is before the North Carolina Medical Board ("Board") regarding information provided to the Board concerning Patrick Hugh Harmon, M.D. ("Dr. Harmon"). Dr. Harmon makes the following admissions, and the Board makes the following findings and conclusions:

STATUTORY AUTHORITY

The Board is a body duly organized under the laws of North Carolina and is the proper party to bring this proceeding under the authority granted to it in Article 1 of Chapter 90 of the North Carolina General Statutes and the rules and regulations promulgated thereto.

FINDINGS OF FACT

Dr. Harmon was first issued a license to practice medicine by the Board on or about September 16, 2013, license number 2013-01991.

At all times relevant, Dr. Harmon practiced Psychiatry in Winston-Salem, North Carolina.

On November 26, 2021, Dr. Harmon consumed alcohol and drove an automobile. In the early morning of November 27, 2021, Dr. Harmon was arrested and charged with driving while impaired.

As a result, Dr. Harmon was examined by the North Carolina Professionals Health Program ("NCPHP"). On January 19, 2022, Dr. Harmon signed a one-year monitoring contract with NCPHP where he agreed, as part of the contract, to abstain from consuming alcohol. In October 2022, Dr. Harmon consumed alcohol in violation of his NCPHP contract. Shortly thereafter, Dr. Harmon stopped practicing medicine so he could address the issues surrounding his alcohol consumption and violation of his NCPHP contract.

Dr. Harmon obtained a comprehensive examination at the Florida Recovery Center ("FRC") from November 15, 2022, to November 17, 2022. As part of this examination, FRC diagnosed Dr. Harmon with alcohol use disorder and recommended that he obtain treatment for such. Dr. Harmon complied with the FRC recommendations and also signed a second contract with NCPHP on February 2, 2023, which Dr. Harmon is currently in compliance with and will last until February 2028.

Dr. Harmon and NCPHP are currently in the process of working on a return to work plan for Dr. Harmon.

CONCLUSIONS OF LAW

Dr. Harmon acknowledges that, when abusing alcohol, he is unable to practice medicine with reasonable skill and safety within the meaning of N.C. Gen. Stat. § 90-14(a)(5) and grounds exist under this section of the North Carolina General Statutes for the Board to annul, suspend, revoke, condition or limit Dr. Harmon's license to practice medicine or to deny any application he might make in the future.

PROCEDURAL STIPULATIONS

Dr. Harmon acknowledges and agrees that the Board has jurisdiction over him and over the subject matter of this case.

Dr. Harmon knowingly waives his right to any hearing and to any judicial review or appeal in this case.

Dr. Harmon, with the advice of legal counsel, acknowledges that he has read and understands this Consent Order and enters into it voluntarily.

Dr. Harmon desires to resolve this matter without the need for more formal proceedings.

The Board has determined that it is in the public interest to resolve this case as set forth below.

ORDER

NOW, THEREFORE, with Dr. Harmon's consent, it is ORDERED that:

1. Dr. Harmon shall maintain his current contract with NCPHP and abide by all of its terms and conditions, including the timely payment of all fees required by NCPHP.

2. Dr. Harmon agrees that he will not return to the practice of medicine until cleared to do so by NCPHP.

3. Unless lawfully prescribed for him by someone other than himself, Dr. Harmon shall refrain from the use and possession of alcohol and all other mind-altering and mood-altering substances and all controlled substances including, but not limited to, sedatives, stimulants, and pain medication.

4. Upon request by the Board, Dr. Harmon shall supply urine, blood, hair, or any other bodily fluid or tissue sample the Board might reasonably require for the purposes of analysis to determine if he has consumed any of the substances mentioned above.

5. Dr. Harmon shall obey all laws. Likewise, he shall obey all rules and regulations involving the practice of medicine.

6. Dr. Harmon shall meet with the Board or members of the Board for an investigative interview at such times as requested by the Board.

7. Upon request, Dr. Harmon shall provide the Board with any information the Board deems necessary to verify compliance with the terms and conditions of this Consent Order.

8. If Dr. Harmon fails to comply with any of the terms of this Consent Order, that failure shall constitute unprofessional

conduct within the meaning of N.C. Gen. Stat. § 90-14(a)(6) and shall be grounds, after any required notice and hearing, for the Board to annul, suspend or revoke his license to practice medicine and to deny any application he might make in the future or then have pending for a license to practice medicine.

9. This Consent Order shall take effect immediately upon its execution by both Dr. Harmon and the Board, and it shall continue in effect until specifically ordered otherwise by the Board.

10. Dr. Harmon hereby waives any requirement under any law or rule that this Consent Order be served on him.

11. Upon execution by Dr. Harmon and the Board, this Consent Order shall become a public record within the meaning of Chapter 132 of the North Carolina General Statutes and shall be subject to public inspection and dissemination pursuant to the provisions thereof. Additionally, it will be reported to persons, entities, agencies, and clearinghouses as required and permitted by law including, but not limited to, the Federation of State Medical Boards and the National Practitioner Data Bank.

By Order of the North Carolina Medical Board this the 22nd
day of May, 2023.

NORTH CAROLINA MEDICAL BOARD

By: 
Michaux R. Kilpatrick, M.D., Ph.D.
President

Consented to this the 19th day of May, 2023.

Patrick Hugh Harmon, M.D.

State of North Carolina

County of Mecklenburg

I, Dina M Hagstrom, do hereby certify that Patrick Hugh Harmon, M.D. personally appeared before me this day and acknowledged the due execution of the foregoing instrument.

Witness my hand and official seal this the 19 day of May, 2023.

Dina M Hagstrom
Notary Public



My Commission Expires: Aug 19, 2024