# STATE OF CONNECTICUT DEPARTMENT OF PUBLIC HEALTH



Dannel P. Malloy Governor Nancy Wyman Lt. Governor

Raul Pino, M.D., M.P.H. Commissioner

June 3, 2016

Avijit Mitra, MD 1 Guenevere Court Hamden, CT 06518

Re: Consent Order Petition No.: 2012-476 License No.: 039450

Dear Dr. Mitra:

Please accept this letter as notice that you have satisfied the terms of the above referenced Consent Order, effective June 1, 2016.

Notice will be sent to the appropriate sections at the Department of Public Health to address your licensure status. Your license shall be restricted permanently such that you may not prescribe controlled substances for self and family, and you may not prescribe, administer, or dispense Buprenorphine in any compound or formulation to any person.

Thank you for your cooperation in this process.

Respectfully,

D. Sollinam ( Man) avita D. Sookram, RN, BSN

Nurse Consultant Practitioner Licensing and Investigations Section

c: E. Pimentel J. Kardys S. Carragher C. Miranda M. Garcia M. Bennett



Phone: (860) 509-7458 • Fax: (860) 706-5820 410 Capitol Avenue, P.O. Box 340308 Hartford, Connecticut 06134-0308 www.ct.gov/dph Affirmative Action/Equal Opportunity Employer

## STATE OF CONNECTICUT DEPARTMENT OF PUBLIC HEALTH HEALTHCARE QUALITY AND SAFETY BRANCH CONNECTICUT MEDICAL EXAMINING BOARD

In re: Avijit Mitra, M.D.

Petition No. 2012-476

#### CONSENT ORDER

WHEREAS, Avijit Mitra, M.D., of Hamden, Connecticut (hereinafter "respondent") has been issued license number 039450 to practice as a physician and surgeon by the Department of Public Health (hereinafter "the Department") pursuant to Chapter 370 of the General Statutes of Connecticut, as amended; and,

#### WHEREAS, the Department alleges that:

- Respondent practices psychiatry at Connecticut Valley Hospital and in a private office. At various times in the years 2010-2012, respondent wrote prescriptions for private patients J. and D. for Oxycontin, Opana, Xanax, and Suboxone, without examination or without adequate examination, and/or without records for D., and/or without adequately or accurately documented medical purpose, and, as to the Suboxone, without adequate induction, monitoring, or coordination with adjuvant therapy. Respondent wrote some or all of the prescriptions of Opana in the name of D. for the use of J. Respondent wrote prescriptions of various controlled substances for himself and his wife without records.
- 2. The above described facts constitute grounds for disciplinary action pursuant to *t*he General Statutes of Connecticut, §20-13c, including, but not limited to, §20-13c(4).

WHEREAS, on or about September 24, 2013, without any admission of wrongdoing, respondent entered into an Agreement with the Connecticut Department of Consumer Protection Drug Control Division by which his controlled substance registration was placed on probation for two years; he agreed not to dispense, administer, or prescribe controlled substances for himself or his family; he agreed not to prescribe Suboxone except to individuals under the control of the Department of Corrections, and he paid a \$10,000 civil penalty. On or about August 28, 2013,

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without any admission of wrongdoing, respondent entered into an Agreement with the United States Drug Enforcement Agency by which he paid a \$45,000 civil penalty.

WHEREAS, respondent, in consideration of this Consent Order, has chosen not to contest the above allegations of wrongdoing but, while admitting no guilt or wrongdoing, agrees that for purposes of this or any future proceedings before the Connecticut Medical Examining Board (hereinafter "the Board"), this Consent Order shall have the same effect as if proven and ordered after a full hearing held pursuant to §§19a-10, 19a-14 and 20-13c of the General Statutes of Connecticut.

NOW THEREFORE, pursuant to §§19a-14, 19a-17 and 20-13c of the General Statutes of Connecticut, respondent hereby stipulates and agrees to the following:

1. Respondent waives his right to a hearing on the merits of this matter.

- 2. Respondent's license shall be restricted permanently such that he may not prescribe controlled substances for himself and/or his family, and such that he may not prescribe, administer, or dispense buprenorphine in any compound or formulation to any person.
- 3. Respondent's license shall be placed on probation for a period of one year under the following terms and conditions:
  - a. Within the first six months of the probationary period, respondent shall attend and successfully complete courses in: (a) documentation standards; (b) safe prescribing of opioids; and (c) medical ethics, pre-approved by the Department. Within fifteen days of the completion of each such course; respondent shall provide the Department with proof, to the Department's satisfaction, of the successful completion of such course(s).
  - b. Respondent shall obtain at his own expense, the services of a physician and surgeon who is board certified in psychiatry, pre-approved by the Department (hereinafter "supervisor"), to conduct a random review of twenty percent (20%) or twenty (20) of respondent's current private patient records, whichever is the larger number. The supervisor is to review records of patients seen in respondent's private practice settings. In the event respondent has twenty (20) or fewer patients, the supervisor shall review all of respondent's patient records.

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- (1) Respondent shall provide a copy of this Consent Order to his practice supervisor. Respondent's supervisor shall furnish written confirmation to the Department of his or her engagement in that capacity and receipt of a copy of this Consent Order within fifteen (15) days of the effective date of this Consent Order.
- (2) Respondent's supervisor shall conduct such review and meet with him not less than once every month for the first three months of the probationary period, and quarterly for the remainder of the probationary period.
- (3) The supervisor shall have the right to monitor respondent's practice by any other reasonable means which he or she deems appropriate. Respondent shall fully cooperate with the supervisor in providing such monitoring.
- (4) Respondent shall be responsible for providing written supervisor reports directly to the Department quarterly for the duration of probation. Such supervisor's reports shall include documentation of dates and duration of meetings with respondent, number and a general description of the patient records and patient medication orders and prescriptions reviewed, additional monitoring techniques utilized, and statement that respondent is practicing with reasonable skill and safety.
- 3. All correspondence and reports are to be addressed to:

Lavita Sookram, R.N., Nurse Consultant Practitioner Compliance and Monitoring Unit Department of Public Health 410 Capitol Avenue, MS #12HSR P.O. Box 340308 Hartford, CT 06134-0308

- 4. All reports required by the terms of this Consent Order shall be due according to a schedule to be established by the Department of Public Health.
- 5. Respondent shall comply with all state and federal statutes and regulations applicable to his licensure.
- 6. Respondent shall pay all costs necessary to comply with this Consent Order.
- 7. Any alleged violation of any provision of this Consent Order may result in the following procedures at the discretion of the Department:

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- a. The Department shall notify respondent in writing by first-class mail that the term(s) of this Consent Order have been violated, provided that no prior written consent for deviation from said term(s) has been granted.
- b. Said notification shall include the acts or omission(s) which violate the term(s) of this Consent Order.
- c. Respondent shall be allowed fifteen (15) days from the date of the mailing of notification required in paragraph 7.a. above to demonstrate to the satisfaction of the Department that he has complied with the terms of this Consent Order or, in the alternative, that he has cured the violation in question.
- d. If respondent does not demonstrate compliance or cure the violation within the fifteen (15) days specified in the notification of violation to the satisfaction of the Department, he shall be entitled to a hearing before the Board which shall make a final determination of the disciplinary action to be taken.
- e. Evidence presented to the Board by either the Department or respondent in any such hearing shall be limited to the alleged violation(s) of the term(s) of this Consent Order.
- 8. In the event respondent is not employed as a physician and surgeon for periods of thirty (30) consecutive days or longer, respondent shall notify the Department in writing. Such periods of times shall not be counted in reducing the probationary period covered by this Consent Order and such terms shall be held in abeyance. During such time period, respondent shall not be responsible for complying with the terms of probation of this Consent Order. In the event respondent resumes practice as a physician and surgeon, respondent shall provide the Department with thirty (30) days prior written notice. Respondent shall not return to practice as a physician and surgeon without written pre-approval from the Department. Respondent agrees that the Department, in its complete discretion, may require additional documentation from respondent and/or require respondent to satisfy other conditions or terms as a condition precedent to respondent's return to practice. Respondent understands that any return to practice as a physician and surgeon without pre-approval from the Department shall constitute a violation of this consent Order and may subject the respondent to further disciplinary action.
- 9. If, during the period of probation, respondent practices as a physician outside Connecticut, he shall provide written notice to the Department concerning such employment. During such time period, respondent shall not be responsible for complying with the terms of

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probation of this Consent Order, and such time period shall not be counted in reducing the probationary period covered by this Consent Order. Respondent may comply with the terms of probation while practicing outside Connecticut if pre-approved by the Department. In the event respondent intends to return to practice as a physician and surgeon in Connecticut, respondent shall provide the Department with thirty (30) days prior written notice and agrees to comply with all terms and conditions contained in paragraph 2 above.

- In the event respondent violates any term of this Consent Order, said violation may also constitute grounds for the Department to seek a summary suspension of his license before the Board.
- Legal notice shall be sufficient if sent to respondent's last known address of record reported to the Practitioner Licensing and Investigations Section of the Healthcare Quality and Safety Branch of the Department.
- 12. This Consent Order is effective on the first day of the month immediately following the date this Consent Order is accepted and ordered by the Board.
- 13. This Consent Order is a public document. Respondent agrees that the Department's allegations as contained in this Consent Order shall be deemed true in any subsequent proceeding before the Board in which his compliance with this Consent Order or with §20-13c of the General Statutes of Connecticut, as amended, is at issue. Further, respondent understands that any discipline imposed by this Consent Order shall be reported to the National Practitioner Data Bank and the Healthcare Integrity and Protection Data Bank maintained by the United States Department of Health and Human Services and that all disciplinary actions will appear on his physician profile pursuant to Connecticut General Statutes 20-13j.
- 14. Any extension of time or grace period for reporting granted by the Department shall not be a waiver or preclude the Department from taking action at a later time. The Department shall not be required to grant future extensions of time or grace periods.
- 15. This Consent Order and terms set forth herein are not subject to reconsideration, collateral attack or judicial review under any form or in any forum. Respondent understands that this Consent Order shall not be subject to modification as a result of any claim that the terms contained herein may result in action by third parties, including, but not limited to, healthcare facilities and/or credentialing or licensure boards. Respondent assumes all responsibility for assessing such actions prior to the execution of this document. Further,

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this Order is not subject to appeal or review under the provisions of Chapters 54 or 368a of the General Statutes of Connecticut, provided that this stipulation shall not deprive respondent of any rights that he may have under the laws of the State of Connecticut or of the United States.

- 16. This Consent Order is a revocable offer of settlement which may be modified by mutual agreement or withdrawn by the Department at any time prior to its being executed by the last signatory.
- 17. Respondent permits a representative of the Department to present this Consent Order and the factual basis for this Consent Order to the Board. Respondent understands that the Board has complete and final discretion as to whether this executed Consent Order is approved or accepted. Respondent hereby waives any claim of error that could be raised that is related to or arises during the course of the Board's discussions regarding whether to approve or reject this Consent Order and/or a Board member's participation during this process, through the Board member's review or comments, including but not limited to bias or reliance on evidence outside the administrative record if this matter proceeds to a hearing on a statement of charges resulting in a proposed decision by the Board and/or a panel of the Board and a final decision by the Board.

18. Respondent has consulted with an attorney prior to signing this document.

- 19. The execution of this document has no bearing on any criminal liability without the written consent of the Director of the Medicaid Fraud Control Unit or the State's Attorney's Office where the allegation occurred or Bureau Chief of the applicable unit in the Chief State's Attorney's Office. The purpose of this Consent Order is to resolve the pending administrative license disciplinary petition only, and is not intended to affect any civil or criminal liability or defense.
- 20. This Consent Order embodies the entire agreement of the parties with respect to this case. All previous communications or agreements regarding the subject matter of this consent order, whether oral or written, between the parties are superseded unless expressly incorporated herein or made a part hereof.

\* \* \* \* \* \* \* \* \* \*

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I, Avijit Mitra, M.D., have read the above Consent Order, and I stipulate and agree to the terms as set forth therein. I further declare the execution of this Consent Order to be my free act and deed.

Avijit Mitra, M.D.

Subscribed and sworn to before me this <u>22 nd</u> day of <u>April</u> 2015.

uabeth f. Limen

Notary Public or person authorized by law to administer an oath or affirmation

The above Consent Order having been presented to the duly appointed agent of the Commissioner of the Department of Public Health on the  $27^{+-}$  day of Cepril \_\_\_\_\_ 2015, it is hereby accepted.

Kuthle Barlware RN ASM

Kathleen Boulware, RN, Public Health Services Manager Practitioner Licensing and Investigations Section Healthcare Quality and Safety Branch

The above Consent Order having been presented to the duly appointed agent of the Connecticut 19th day of <u>May</u> 2015, it is Medical Examining Board on the hereby ordered and accepted.

Kathryn Emmett, Esq., Chairperson Connecticut Medical Examining Board

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