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8	BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS	
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10	STATE OF CALIFORNIA	
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12	In the Matter of the Accusation Against:	Case No. 800-2021-077174
13	CECELIA THERESA MADRID, M.D. 2701 W. Alameda Avenue, Suite 500	ACCUSATION
14	Burbank, CA 91505-4402	
15	Physician's and Surgeon's Certificate No. G 48480,	
16	Respondent.	
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19	PARTIES (C. 11 ) (C. 11 ) (C. 11 )	
20	1. Reji Varghese (Complainant) brings this Accusation solely in his official capacity as	
21	the Interim Executive Director of the Medical Board of California, Department of Consumer	
22	Affairs (Board).	
23	2. On or about August 2, 1982, the Medical Board issued Physician's and Surgeon's	
24	Certificate Number G 48480 to Cecelia Theresa Madrid, M.D. (Respondent). The Physician's	
25	and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought	
26	herein and will expire on March 31, 2024, unless renewed.	
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### JURISDICTION

- 3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.
  - 4. Section 2227 of the Code states:
  - (a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
    - (1) Have his or her license revoked upon order of the board.
  - (2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
  - (3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
  - (4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.
  - (5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
  - (b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1.

### **STATUTORY PROVISIONS**

5. Section 2234 of the Code, states:

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- (a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.
  - (b) Gross negligence.
- (c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.

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- 10. Per CURES (Controlled Substance Utilization Review and Evaluation System, a drug monitoring database for Schedule II through V controlled substances dispensed in California), between September to December 2018, Respondent prescribed Patient 1 Promethazine with Codeine, as well as simultaneous benzodiazepine prescriptions for lorazepam (a sedative used to treat anxiety) and temazepam (a sedative used to treat insomnia). Respondent also prescribed Patient 1 Lyrica (a nerve pain medication) on at least two occasions.
- 11. During Patient 1's treatment period, Respondent maintained medical records pertaining to each of Patient 1's visits. Each of the electronic medical record entries listed Dr. R.K. as the provider, due to an apparent system defect. Respondent routinely made handwritten notes in the records, which she signed.
- 12. In the entries dated on or about June 14, 2018, June 19, 2018, July 16, 2018, and December 3, 2018, medication reconciliation<sup>3</sup> was not documented. Instead, the records stated "error message" under the medication reconciliation sections. On other occasions, the same medications were listed and the medication reconciliation was not updated from the previous visit.
- 13. Respondent's repeated failure to maintain clear documentation constitutes a simple departure from the standard of care.

### Patient 2

14. Patient 2 is a seventy-one-year-old female, who was treated by Respondent from approximately 2017 through 2020.<sup>4</sup> According to the CURES Patient Activity Report, Patient 2 was on a clonazepam<sup>5</sup> regimen prior to being treated by Respondent. Respondent first prescribed Patient 2 clonazepam in February 2017.

<sup>3</sup> Medication reconciliation is the process of identifying the most accurate list of all the medications that a patient is taking, including name, dosage, frequency, and route, by comparing the medical record to an external list of medications obtained from a patient, hospital, or other provider. Medication reconciliation is expected to ensure patient safety and quality of care.

<sup>4</sup> Again, these are approximate dates based on the medical records, which were available to the Board. Patient 2 may have treated with Respondent before or after these dates.

<sup>5</sup> Clonazepam is a Schedule IV benzodiazepine used for the acute management of panic disorders and epilepsy.

- 15. Patient 2 presented to Respondent in June 2018 for pre-operative clearance for a breast lumpectomy and right axillary node biopsy. Patient 2's medical concerns also included hypothyroidism, major depression, and bilateral hand pain.
- 16. On or about July 2, 2018, Patient 2 was diagnosed as having breast cancer. The treatment plan included radiation therapy to address the cancer.
- 17. On or about April 11, 2019, Patient 2 presented to Respondent for a breast cancer follow-up and to address her anxiety, which was exacerbated by the cancer diagnosis.

  Respondent's treatment plan included a referral to a specialist and an order to continue with Patient 2's current medications, which included clonazepam and Lexapro (an antidepressant used to treat anxiety and depression).
- 18. Between June 2018 and June 2019, Patient 2 was prescribed a stable dose of 1 milligram of clonazepam, to be taken three times daily.
- 19. On or about June 24, 2019 and July 16, 2019, Patient 2 presented to Respondent to address her anxiety and depression. Following the June 24, 2019 appointment, Respondent increased Patient 2's clonazepam dosage to 1 milligram four times daily. This increased dosage continued through December 2019.
- 20. In or about January 2020, Patient 2 was placed back on a 1 milligram of clonazepam, three times daily, regimen.
- 21. On or about February 20, 2020 and August 21, 2020, Patient 2 again presented to Respondent to address her anxiety and depression. Respondent continued Patient 2 on Lexapro and again increased her clonazepam dosage to 1 milligram four times daily.
- 22. Patient 2 continued on the increased clonazepam dosage until the patient-doctor relationship ended.
- 23. The standard of care requires routine urine toxicology screening to ensure a patient is taking long-acting benzodiazepines<sup>6</sup> as prescribed and to rule out diversion. Further, patients should be routinely monitored for clinical response and CURES activity should be monitored.

<sup>&</sup>lt;sup>6</sup> Benzodiazepines are a class of depressant drugs that produce sedation and hypnosis, relieve anxiety and muscle spasms, and reduce seizures.

24. Though not documented in the medical records, Respondent indicated that she reviewed Patient 2's CURES activity report. However, Respondent failed to administer routine urine toxicology screening to rule out diversion. This failure constitutes a simple departure from the standard of care.

25. During Patient 2's treatment period, Respondent maintained medical records pertaining to each of Patient 2's visits. Each of the electronic medical record entries listed Dr. R.K. as the provider, due to an apparent system defect. Respondent routinely made handwritten notes in the records, which she signed. Several of the medical record entries failed to correctly document Patient 2's medications in the medication reconciliation. Some records included an error message in the medication reconciliation section. Respondent's repeated failure to maintain clear documentation constitutes a simple departure from the standard of care.

## SECOND CAUSE FOR DISCIPLINE

### (Failure to Maintain Adequate Records)

26. By reason of the facts and allegations set forth in the First Cause for Discipline in paragraphs 9 through 25, above, Respondent is subject to disciplinary action under section 2266 of the Code in that Respondent failed to maintain accurate records of her care and treatment of Patients 1 and 2.

# **DISCIPLINARY CONSIDERATIONS**

27. To determine the degree of discipline, if any, to be imposed on Respondent, Complainant alleges that on or about October 20, 2011, in a prior disciplinary action titled *In the Matter of the Accusation Against Cecelia Theresa Madrid, M.D.* before the Medical Board of California, in Case Number 06-2007-184583, Respondent's license was revoked, with the revocation stayed for a period of seven (7) years, subject to terms and conditions. This action was taken due to sustained allegations of gross negligence, repeated negligent acts, prescribing without an appropriate examination, failure to maintain adequate medical records, and excessive prescribing. That decision is now final and is incorporated by reference as if fully set forth herein.